



**BOYS & GIRLS CLUB  
OF GREATER NASHUA**

# Lunch Menu

## NOVEMBER 2023 |

4:00 - 5:30 PM



Mon	Tue	Wed	Thu	Fri
		<b>1</b> American Chop Suey  Garden Salad Fresh Fruit 1% Milk	<b>2</b> Hot Dog on a Bun <sup>(WG)</sup>  Baked Beans Fresh Fruit 1% Milk	<b>3</b> BBQ Chicken Thighs Coleslaw Dinner Roll Fresh Fruit 1% Milk
<b>6</b> Shepherd's Pie*  Dinner Roll Fresh Fruit 1% Milk	<b>7</b> Pasta & Meat Sauce <sup>(WG)*</sup>  Mixed Italian Salad Mandarin Oranges 1% Milk	<b>8</b> Italian Roast Chicken Egg Noodles <sup>(WG)</sup> Garden Salad Fresh Fruit 1% Milk	<b>9</b> Pepperoni French Bread Pizza <sup>(WG)*</sup>  Garden Salad Fresh Fruit 1% Milk	<b>10</b> Club Closed
<b>13</b> Chicken Stew Dinner Roll Fresh Fruit Green Beans 1% Milk	<b>14</b> Beef Taco  Garden Salad Fresh Fruit 1% Milk	<b>15</b> Three Cheese French Bread Pizza <sup>(WG)*</sup>  Garden Salad Fresh Fruit 1% Milk	<b>16</b> Roast Turkey Dinner Mashed Potatoes Green Beans Dinner Roll 1% Milk	<b>17</b> Spaghetti & Meatballs  Garden Salad Fresh Fruit 1% Milk
<b>20</b> Beef Mac & Cheese <sup>(WG)*</sup>  Garden Salad Fresh Fruit 1% Milk	<b>21</b> Chicken Taco Salad  Dinner Roll Fresh Fruit 1% Milk	<b>22</b> Club Closed	<b>23</b> Club Closed  	<b>24</b> Club Closed
<b>27</b> Swedish Meatballs Egg Noodles <sup>(WG)</sup> Green Beans Fresh Fruit 1% Milk	<b>28</b> Chicken Patty <sup>(WG)</sup>  Salad Fresh Fruit 1% Milk	<b>29</b> Macaroni & Cheese <sup>(WG)*</sup>  Roasted Vegetables Fresh Fruit 1% Milk	<b>30</b> Sausage & Pepper Bake* Egg Noodles <sup>(WG)</sup> Fresh Fruit Garden Salad 1% Milk	* = Made from Scratch (WG) = Whole Grain  All meals subject to change

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