

February 2019 Snack 3:00 PM – 3:30 PM

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status. Water is available throughout the meal service.

(*)=Made from scratch (WG) = Whole Grain (hydroponic salads are made pesticide free, fresh vegetables and herbs harvested daily from our garden and neighboring farms)

Mon	Tue	Wed	Thur	Fri
				1. Low Fat Yogurt Smoothie Bowls* Fresh Peaches
4. Sea Salt 5 oz. PopCorner Chips (#)(* 1% unflavored Milk	5. Sweet Chili 5 oz. PopCorner Chips (#)(* 1% unflavored Milk	6. 5 oz. Gold Fish (WG)(#)* 1% unflavored Milk	7. 4 oz. Dole Fresh Fruit Cups(*) (#) 1% unflavored Milk Water	8. Fresh Apple Sauce 5oz. (#)* 1% unflavored Milk
11. Fresh Fruit Cup* Low Fat String Cheese (#) 1% unflavored Milk	12. Wheat Pop corners (WG)* 1% unflavored Milk	13. French Onion Sun Chips (WG)(#)* 1% unflavored Milk	14. 4 oz. Motts Medley's Fruit Snacks* (#) 1% unflavored Milk	15. 5 oz. French Onion Sun Chips (WG) (#)* Low Fat String Cheese*
18. 4 oz. Dole Fresh Fruit Cup*(#) 1% unflavored Milk	19. 5 oz. Pretzels (WG) w/ Hummus (#)(* 1% unflavored Milk	20. Fresh Apple Sauce 5oz. (#)* 1% unflavored Milk	21. 4 oz. Whole Grain Chips with Avocado (WG)(*)(#) 1% unflavored Milk	22. 5 oz. French Onion Sun Chips (WG) (#)* Low Fat String Cheese*

25. 5 oz. Gold Fish (WG)(#)* 1% unflavored Milk	26. 4 oz. Motts Medley's Fruit Snacks* (#) 1% unflavored Milk	27. Fresh Fruit Cup 5 oz.* (#) 1% unflavored Milk	28. Low Fat Yogurt Smoothie Bowls* Fresh Peaches 1% unflavored Milk	
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All Meals Subject to change

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