

February 2019 Lunch 4:30 PM – 5:30 PM

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status. Water is available throughout the meal service.

(*)=Made from scratch (WG) = Whole Grain (hydroponic salads are made pesticide free, fresh vegetables and herbs harvested daily from our garden and neighboring farms)

Mon	Tue	Wed	Thur	Fri
				1. Roasted Apple Ham* Fresh Baked Roll (WG) Roasted Italian Veggies Fresh Peaches 1% unflavored Milk
4. Veggie Lasagna (WG) Roasted Broccoli Fresh Pineapple 1% unflavored Milk	5. Grilled Chicken tacos*(WG) Roasted Sweet Corn Fresh Apples 1% unflavored Milk	6. Ground Beef Chili Wheat Rolls (WG) Roasted Cali Blend Veggies Fresh Mandarin Oranges 1% unflavored Milk	7. Korean style Pulled Pork Sandwiches (WG)* Fresh Sesame Ginger Salad Fresh Tangelos 1% unflavored Milk	8. Oven Steak and Wheat Farro w/ chimichurri Sauce (WG)* Freshly Baked Roll (WG) Roasted Cauliflower Fresh Tangelos 1% unflavored Milk
11. Steak Stir Fry Rice (WG)* Stir Fry Vegetables Fresh apple salad Fresh Bananas 1% unflavored Milk	12. Southwest Veggie Burgers (WG) Roasted Veggies Fresh Peaches 1% unflavored Milk	13. Brown Rice with Kidney Beans and Turkey (WG)* Roasted Yucca Fries Fresh Pineapple 1% unflavored milk	14. Steak Chimichurri with Farro (WG)* Roasted Sweet Corn Fresh Apples 1% unflavored Milk	15. Italian Wedding Soup Freshly Baked Roll (WG) Roasted Broccoli Fresh yellow Plums 1% unflavored Milk
18. Chicken Patties (WG) Fresh Ceaser kale Salad Fresh Pineapple 1% unflavored Milk	19. Cheese Pizza (WG) Freshly Baked Roll (WG) Fresh Cranberry Salad Fresh Mandarin Oranges 1% unflavored Milk	20. Chicken Kale alfredo (WG)* Roasted Spring Veggies Fresh Tangelos 1% unflavored Milk	21. Mac & Jack (WG)* Power Kale Salad Fresh Apples 1% unflavored Milk	22. Chicken Tortilla soup* Tortilla chips (WG) Fresh Corn Salsa Salad Fresh Pineapple 1% unflavored Milk

25. Cheesy Marinara Pasta (WG)* Roasted Sweet Corn Fresh Tangelos 1% unflavored Milk	26. BBQ Chicken Bagels (WG)* Fresh Hydroponic Tomato Salad Fresh Clementine 1% unflavored Milk	27. Chicken Soup* Roasted Cali Vegetable Wheat Dinner Rolls (WG) Fresh Apples 1% unflavored Milk	28. Black Bean Quinoa Bowl* Wheat Tortillas (WG) Roasted Corn and Jalapeno Fresh Bananas 1% unflavored Milk	
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All Meals Subject to change

USDA is an equal opportunity provider and employer.