

# February 2019 Breakfast 8:00 A.M – 9:30A.M.

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status. Water is available throughout the meal service.

(\*)=Made from scratch (WG) = Whole Grain (hydroponic salads are made pesticide free, fresh vegetables and herbs harvested daily from our garden and neighboring farms)

Mon	Tue	Wed	Thur	Fri
				<b>1. English Muffins (WG)</b> <b>Breakfast Sausage</b> <b>Fresh Apples</b> <b>1% unflavored Milk</b>
<b>4. Plain Bagels w/ cream cheese (WG)</b> <b>Fresh Nectarines</b> <b>1% unflavored Milk</b>	<b>5. Frosted Mini Wheats (WG)</b> <b>Fresh Bananas</b> <b>1% unflavored Milk</b>	<b>6. Waffles (WG)</b> <b>Fresh Apples</b> <b>1% unflavored Milk</b>	<b>7. French Toast Sticks (WG)</b> <b>Pineapple</b> <b>1% unflavored Milk</b>	<b>8. Cinnamon toast Crunch (WG)</b> <b>Apples</b> <b>1% unflavored Milk</b>
<b>11. Blueberry Muffins (WG)</b> <b>Mandarin Oranges</b> <b>1% unflavored Milk</b>	<b>12. Breakfast Burritos (WG)</b> <b>Sliced Apples</b> <b>1% unflavored Milk</b>	<b>13. Golden Grahams (WG)</b> <b>Apricots</b> <b>1% unflavored Milk</b>	<b>14. Frosted Flakes (WG)</b> <b>Fresh Apples</b> <b>1% unflavored Milk</b>	<b>15. Double Chocolate Chip Muffins (WG)</b> <b>Fresh Apples</b> <b>1% unflavored Milk</b>
<b>18. Sausage Patty with English Muffins (WG)</b> <b>Mandarin Oranges</b> <b>1% unflavored Milk</b>	<b>19. Ham And Cheese Breakfast Sandwiches (WG)</b> <b>Fresh Nectarines</b> <b>1% unflavored Milk</b>	<b>20. French Toast Sticks (WG)</b> <b>Bananas</b> <b>1% unflavored Milk</b>	<b>21. Whole Wheat Waffles (WG)</b> <b>Fresh Bananas</b> <b>1% unflavored Milk</b>	<b>22. Cinnamon Toast Crunch (WG)</b> <b>Fresh Peaches</b> <b>1% Unflavored Milk</b>

<b>25. Plain Bagels w/ cream cheese (WG)</b> <b>Fresh Peaches</b> <b>1% unflavored Milk</b>	<b>26. Plain Cheerios (WG)</b> <b>Oranges</b> <b>1% unflavored Milk</b>	<b>27. Sweet Potato Cinnamon Rolls (WG)</b> <b>Fresh Nectarines</b> <b>1% Unflavored Milk</b>	<b>28. Egg and cheese English Muffin sandwich (WG)</b> <b>Fresh Bananas</b> <b>1% Unflavored Milk</b>	
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**All Meals Subject to change**

**USDA is an equal opportunity provider and employer.**