

November 2022 Lunch 4:00 PM-5:30 PM

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status. (*)=Made from scratch (WG) = Whole Grain

Mon	Tue	Wed	Thur	Fri
	1. Chicken Taco Salad Fresh Fruit Dinner Roll 1% Unflavored Milk	2. Sausage and Pepper Bake* Egg Noodles (WG) Garden Salad 1% Unflavored Milk	3. Chicken Stew Dinner Roll Roasted Vegetables Fresh Fruit 1% Unflavored Milk	4. Three Cheese French Bread Pizza* (WG) Garden Salad Fresh fruit 1% Unflavored Milk
7. Swedish Meatballs Egg Noodles Fresh Fruit Green Beans 1% Unflavored Milk	8. Beef Taco*(WG) Garden Salad Fresh Fruit 1% Unflavored Milk	9. Pasta with Meat Sauce (WG)* Mixed Italian Salad Mandarin Oranges 1% Unflavored Milk	10. Chicken Patty on a Bun (WG) Coleslaw Tropical Fruit 1% Unflavored Milk	11. Club Closed
14. Sloppy Joe Sandwich*(WG) Italian Vegetables Fresh fruit 1% Unflavored Milk	15. Chicken Taco*(WG) Garden Salad Fresh Fruit 1% Unflavored Milk	16. American Chop Suey*(WG) Garden Salad Tropical Fruit Salad 1% Unflavored Milk	17. Chicken Salad Plate* Dinner Roll (WG) Fresh Fruit 1% Unflavored Milk	18. Turkey with Gravy Mashed Potatoes Green Beans Fresh Fruit 1% Unflavored Milk
21. Shepard's Pie* Mashed Potatoes Dinner Roll (WG) 1% Unflavored Milk	22. Spaghetti and Meatballs(WG) Garden Salad Fresh Fruit 1% Unflavored Milk	23. Roasted Chicken* Wild Rice (WG) California Blend Veggies Tropical Fruit 1% Unflavored Milk	24. Happy Thanksgiving	25. Club Closed
28. Chicken Patty Sandwich (WG) Fresh Fruit Salad 1% Unflavored Milk	29. Macaroni and Cheese*(WG) Green Beans Fresh Fruit 1% unflavored milk	30. Meat lover's French Bread Pizza* (WG) Garden Salad Fresh Apples 1% Unflavored Milk		

All Meals Subject to change

This Institution is an equal opportunity provider