

# January 2022 Breakfast 7:00AM- 8:00AM

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Mon	Tue	Wed	Thur	Fri
<b>3. Muffins</b> <b>Fresh Fruit</b> <b>1% Unflavored Milk</b>	<b>4. Waffles w/ Syrup (WG)</b> <b>Fresh Fruit</b> <b>1% Unflavored Milk</b>	<b>5. Assorted Cereal</b> <b>Fresh Fruit</b> <b>1% Unflavored Milk</b>	<b>6. Pancakes (WG)</b> <b>Fresh Apples</b> <b>1% Unflavored Milk</b>	<b>7. Bagels(WG)</b> <b>Cream Cheese</b> <b>1% Unflavored Milk</b>
<b>10. French Toast</b> <b>Fresh Fruit</b> <b>1% Unflavored Milk</b>	<b>11. English Muffin Sandwich</b> <b>with Sausage and Egg (WG)</b> <b>Fresh Fruit</b> <b>1% Unflavored Milk</b>	<b>12. Blue Berry Muffins (WG)</b> <b>Fresh Fruit</b> <b>1% Unflavored Milk</b>	<b>13. Assorted Cereal</b> <b>Fresh Fruit</b> <b>1% Unflavored Milk</b>	<b>14. Bagels (WG)</b> <b>Cream Cheese</b> <b>1% Unflavored Milk</b>
<b>17. Fresh Fruit</b> <b>Yoplait Yogurt</b> <b>1% Unflavored Milk</b>	<b>18. Waffles w/ Syrup (WG)</b> <b>Fresh Fruit</b> <b>1% Unflavored Milk</b>	<b>19. Assorted Cereal</b> <b>Fresh Fruit</b> <b>1% Unflavored Milk</b>	<b>20. Waffles(WG)*</b> <b>Fresh Fruit</b> <b>1% Unflavored Milk</b>	<b>21. Bagels (WG)</b> <b>Cream Cheese</b> <b>1% Unflavored Milk</b>
<b>24. Cereal</b> <b>Fresh Fruit</b>  <b>1% Unflavored Milk</b>	<b>25. Muffins (WG)</b> <b>Fresh Fruit</b> <b>1%Unflavored Milk</b>	<b>26. Yogurt</b> <b>Fresh Apples</b> <b>1% Unflavored Milk</b>	<b>27. French Toast (WG)</b> <b>Breakfast Sausage</b> <b>1% Unflavored Milk</b>	<b>28. French Toast Casserole</b> <b>(WG)</b> <b>Breakfast Sausage</b> <b>1% Unflavored Milk</b>
<b>31. Cereal</b> <b>Fresh Fruit</b>  <b>1% Unflavored Milk</b>				

All Meals Subject to change

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