

# October 2021 Breakfast 7:00AM- 8:00AM

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status.

Mon	Tue	Wed	Thur	Fri
				1. Bagels(WG) Cream Cheese 1% Unflavored Milk
4. French Toast Fresh Fruit 1% Unflavored Milk	5. English Muffin Sandwich with Sausage and Egg (WG) Fresh Fruit 1% Unflavored Milk	6. Blue Berry Muffins (WG) Fresh Fruit 1% Unflavored Milk	7. Assorted Cereal Fresh Fruit 1% Unflavored Milk	8. Bagels (WG) Cream Cheese 1% Unflavored Milk
11. Fresh Fruit Yoplait Yogurt 1% Unflavored Milk	12. Waffles w/ Syrup (WG) Fresh Fruit 1% Unflavored Milk	13. Assorted Cereal Fresh Fruit 1% Unflavored Milk	14. French Toast Casserole (WG) Breakfast Sausage 1% Unflavored Milk	15. Bagels (WG) Cream Cheese 1% Unflavored Milk
18. Cereal Fresh Fruit  1% Unflavored Milk	19. Muffins (WG) Fresh Fruit 1%Unflavored Milk	20. Yogurt Fresh Apples 1% Unflavored Milk	21. Waffles(WG)* Fresh Fruit 1% Unflavored Milk	22. Bagels (WG) Cream Cheese 1% Unflavored Milk
25. Cereal Fresh Fruit  1% Unflavored Milk	26. Pancakes (WG) Fresh Apples 1% Unflavored Milk	27. Assorted Cereal Fresh Fruit 1% Unflavored Milk	28. French Toast Casserole (WG) Breakfast Sausage 1% Unflavored Milk	29. Waffles w/ Syrup (WG) Fresh Fruit 1% Unflavored Milk

All Meals Subject to change

USDA is an equal opportunity provider and employer.