

# August 2022 Breakfast 8:30AM- 9:30AM

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Mon	Tue	Wed	Thur	Fri
1.Egg and Sausage on English Muffin(WG) Fresh Fruit 1% Unflavored Milk	2. Assorted Muffins Fresh Fruit 1% Unflavored Milk	3. Assorted Cereal Fresh Fruit 1% Unflavored Milk	4. French Toast Sticks Fresh Fruit 1% Unflavored Milk	5. Bagels(WG) Cream Cheese 1% Unflavored Milk
8. French Toast Sticks Fresh Fruit 1% Unflavored Milk	9. English Muffin Sandwich with Sausage and Egg (WG) Fresh Fruit 1% Unflavored Milk	10. Blue Berry Muffins (WG) Fresh Fruit 1% Unflavored Milk	11. Assorted Cereal Fresh Fruit 1% Unflavored Milk	12. Bagels (WG) Cream Cheese 1% Unflavored Milk
15. Eggs and Cheese Bake Fresh Fruit 1% Unflavored Milk	16. French Toast Sticks Fresh Fruit 1%Unflavored Milk	17. Assorted Muffins Fresh Fruit 1% Unflavored Milk	18. Waffles(WG)* Fresh Fruit 1% Unflavored Milk	19. Bagels (WG) Cream Cheese 1% Unflavored Milk
22. French Toast Sticks Fresh Fruit 1% Unflavored Milk	23. Chocolate Chip Muffins Fresh Fruit 1% Unflavored Milk	24. Waffles w/ Syrup (WG) Fresh Fruit 1% Unflavored Milk	25. Egg and Cheese Bake Fresh Fruit 1% Unflavored Milk	26.Bagels (WG) Cream Cheese 1% Unflavored Milk
29. French Toast Sticks Fresh Fruit 1% Unflavored Milk	30. Egg, Sausage, and Cheese Sandwich* (WG) Fresh Fruit 1% Unflavored Milk	31.Waffles w/ Syrup (WG) Fresh Fruit 1% Unflavored Milk		

All Meals Subject to change

USDA is an equal opportunity provider and employer.