

March 2023 Lunch 4:00 PM-5:30 PM

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status. (*)=Made from scratch (WG) = Whole Grain

Mon	Tue	Wed	Thur	Fri
		1. Roasted Chicken Thighs Rice(WG) Roasted Vegetables Fresh Fruit 1% Unflavored Milk	2. Beef Chili* Dinner Roll (WG) Fresh Fruit Roasted Vegetables 1% Unflavored Milk	3. Sausage and Pepper Bake* Egg Noodles (WG) Garden Salad 1% Unflavored Milk
6. Beef Macaroni and Cheese Roasted Vegetables Fresh Fruit 1% Unflavored Milk	7. Beef Taco*(WG) Garden Salad Fresh Fruit 1% Unflavored Milk	8. Chicken Ceasar Salad* (WG) Dinner Roll Fresh fruit 1% Unflavored Milk	9. Chicken Patty on a Bun (WG) Coleslaw Tropical Fruit 1% Unflavored Milk	10. BBQ Chicken French Bread Pizza*(WG) Garden Salad Fresh Fruit 1% Unflavored Milk
13. BBQ Chicken Thigh* Rice(WG) Roasted Vegetables Fresh Fruit 1% Unflavored Milk	14. Chicken Taco*(WG) Garden Salad Fresh Fruit 1% Unflavored Milk	15. Pepperoni French Bread Pizza*(WG) Garden Salad Fresh Fruit 1% Unflavored Milk	16. Shepard's Pie* Mashed Potatoes Dinner Roll (WG) 1% Unflavored Milk	17. Swedish Meatballs Egg Noodles Fresh Fruit Green Beans 1% Unflavored Milk
20. Mac and Cheese*(WG) Garden Salad Fresh Fruit 1% Unflavored Milk	21. Chicken Salad Plate* Dinner Roll (WG) Fresh Fruit 1% Unflavored Milk	22. Pasta with Meat Sauce (WG)* Mixed Italian Salad Mandarin Oranges 1% Unflavored Milk	23. Roasted Chicken* Wild Rice (WG) California Blend Veggies Tropical Fruit 1% Unflavored Milk	24. Spaghetti and Meatballs(WG) Garden Salad Fresh Fruit 1% Unflavored Fruit
27. Chicken Patty Sandwich (WG) Fresh Fruit Salad 1% Unflavored Milk	28. Hotdog on a Bun(WG) Potato Salad Fresh Fruit 1% unflavored milk	29. Three Cheese French Bread Pizza* (WG) Garden Salad Fresh Fruit 1% Unflavored Milk	30. American Chop Suey*(WG) Garden Salad Tropical Fruit Salad 1% Unflavored Milk	31. Italian Roast Chicken* Egg Noodles(WG) Garden Salad Fresh Fruit 1% Unflavored Milk

All Meals Subject to change

This Institution is an equal opportunity provider