

September 2021 Lunch 4:30 PM-5:30:00 PM

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status. (*)=Made from scratch (WG) = Whole Grain

Mon	Tue	Wed	Thur	Fri
		1. American Chop Suey*(WG) Garden Salad Tropical Fruit Salad 1% Unflavored Milk	2. Roasted Chicken Breast Rice and Beans(WG) Sweet Corn Tropical Fruit 1% Unflavored Milk	3. Sloppy Joe Sandwich*(WG) Italian Vegetables Fresh fruit 1% Unflavored Milk
6. Club Closed	7. Vegetarian Rice and Beans Green Beans Fresh Fruit 1% Unflavored Milk	8. Pasta with Meat Sauce (WG)* Mixed Italian Salad Mandarin Oranges 1% Unflavored Milk	9. Chicken Patty Garden Salad Fresh Fruit 1% Unflavored Milk	10. Macaroni and Cheese* (WG) Green Beans Fresh Fruit 1% unflavored milk
13. Swedish Meatballs Egg Noodles Fresh Fruit Green Beans 1% Unflavored Milk	14. Chicken Caesar Salad Plate Dinner Roll (WG) Fresh Fruit 1% Unflavored milk	15. Pulled Pork on a Bun (WG) Coleslaw Tropical Fruit 1% Unflavored Milk	16. Sausage and Pepper Bake* Egg Noodles (WG) Garden Salad 1% Unflavored Milk	17. Three Cheese French Bread Pizza* (WG) Garden Salad Fresh fruit 1% Unflavored Milk
20. Hearty Beef and Bean Chili* Dinner Roll (WG) Southwestern Corn Fresh Fruit 1% Unflavored Milk	21. Spaghetti and Meatballs(WG) Garden Salad Fresh Fruit 1% Unflavored Milk	22. BBQ Chicken Thigh Rice (WG) Seasoned Corn Mandarin Oranges 1% Unflavored Milk	23. Beef Macaroni and Cheese* (WG) Green Beans Fresh Fruit 1% Unflavored Milk	24. Chicken Parmesan Sandwich (WG) Fresh Fruit Salad 1% Unflavored Milk
27. Ham and Cheese Deluxe Sandwich* (WG) Garden Salad Fresh Fruit 1% Unflavored Milk	28. Chicken Tacos on a flour tortilla*(WG) Garden Salad Tropical Fruit 1% Unflavored Milk	29. Chicken and Sausage Jambalaya* with Rice (WG) Fresh Fruit Roasted Vegetables 1% Unflavored Milk	30. Pepperoni French Bread Pizza* (WG) Garden Salad Fresh Apples 1% Unflavored Milk	

All Meals Subject to change

This Institution is an equal opportunity provider