

January 2022 Lunch 4:30 PM-5:30:00 PM

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status. (*)=Made from scratch (WG) = Whole Grain

Mon	Tue	Wed	Thur	Fri
3. Chicken Caesar Salad Plate Dinner Roll (WG) Fresh Fruit 1% Unflavored milk	4. Sloppy Joe Sandwich*(WG) Italian Vegetables Fresh fruit 1% Unflavored Milk	5. Macaroni and Cheese* (WG) Green Beans Fresh Fruit 1% Unflavored Milk	6. Chicken Cacciatore* Egg Noodles(WG) Fresh Fruit Green Beans 1% Unflavored Milk	7. American Chop Suey*(WG) Garden Salad Fresh Fruit 1% Unflavored Milk
10. Pasta with Meat Sauce (WG)* Mixed Italian Salad Mandarin Oranges 1% Unflavored Milk	11. Taco Salad Plate* Dinner Roll (Wg) Fresh Fruit 1% unflavored milk	12. Pulled Pork on a Bun (WG) Coleslaw Tropical Fruit 1% Unflavored Milk	13. Roasted Chicken Breast Rice and Beans(WG) Sweet Corn Tropical Fruit 1% Unflavored Milk	14. Beef Stew* Buttermilk Biscuit(WG) Fresh Fruit Roasted Vegetables 1% Unflavored Milk
17. Spaghetti and Meatballs(WG) Garden Salad Fresh Fruit 1% Unflavored Milk	18. Vegetarian Rice and Beans* (WG) Green Beans Fresh Fruit 1% Unflavored Milk	19. Hearty Beef and Bean Chili* Dinner Roll (WG) Southwestern Corn Fresh Fruit 1% Unflavored Milk	20. Chicken Parmesan Sandwich (WG) Green Beans Fresh Fruit 1% Unflavored Milk	21. Jambalaya with Chicken and Sausage*(WG) Green Beans Mandarin Oranges 1% Unflavored Milk
24. Swedish Meatballs Egg Noodles(WG) Fresh Fruit Green Beans 1% Unflavored Milk	25. Beef Taco on a Flour Tortilla* (WG) Garden Salad Fresh Fruit 1% Unflavored Milk	26. Sausage and Pepper Bake* Egg Noodles (WG) Garden Salad 1% Unflavored Milk	27. Roasted Chicken Rice(WG) Garden Salad Fresh Fruit 1% Unflavored Milk	28. Pulled pork tacos on a flour tortilla*(WG) Garden Salad Tropical Fruit 1% Unflavored Milk
31. Chicken Patty on a Bun (WG) Fresh Fruit Garden Salad 1% Unflavored Milk				

All Meals Subject to change

This Institution is an equal opportunity provider